******Diocese of Imus Catholic Educational System

Parokya ni San Jose Educational Foundation Inc.

*( Saint Joseph Parochial School of Cavite )*

Caytitinga I, Alfonso, Cavite

S.Y. 2020-2021

Name of Personnel: **Michelle B. Nuestro** Position: OCI Head/ Teacher

Title: “ How to Build An Effective Skin Care Routine”

Date: May 11, 2020

Time: 10:00 am- 11:00 am

Speaker: Dr. Maximo Navarro

Output: Narrative Report

***How to Build An Effective Skin Care Routine***

This webinar is one of the interesting sessions that I attended this quarantine period. Since all the webinars that I attended this past few weeks are mostly about blended learning , distant learning and some related topics about them, this one really catches my attention. The discussion is very light and timely now that we are all aware and focus with the importance of having good health and keeping ourselves healthy in this time of pandemic. The skin care routine and hair and nail care tips being discussed by the resource speakers are aslo very useful for teachers like us to keep ourselves presentable not only to the teachers but also to other people who are looking up to us as their role models. As teachers, we really have to be healthy, always alive and enthusiastic for our students, so that we will become more qualified and capable of providing them with quality education.

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S.Y. 2020-2021

Name of Personnel: **Michelle B. Nuestro** Position: OCI Head/ Teacher

Title: Designing Online Classes from Scratch: Sharing of Best Practices

Date: May 12, 2020

Time: 10:30 am- 11:30 am

Speaker: Mr. Marvin Enderes

Output: Narrative Report

***Designing Online Classes from Scratch:***

***Sharing of Best Practices***

This webinar focuses on how to go about with the blended learning specifically with the online classes that the schools are planning to implement in this time of pandemic. The resource speaker gave us some ideas on how to make an online-class schedule, like the frequency of meeting, grouping schemes and meeting details. In line with these, he also suggested some points to remember in giving learning guide to the students. It includes, giving clear instructions, conversational tone, accessible materials, and achievable objectives. According to him it is also important to still have a standard references/ resources like textbooks in online teaching, so that the students will have a uniform track and facts / concept about the lessons. In giving or posting instructions, it is important to make them feel and hear your voice. For me it is very important for teachers to learn and be consistent in time management, since we are going to implement a different mode of learning for the students. It is a must to exert extra efforts for our students to attain the learning goals/ objectives we want them to achieve. It is also necessary to collaborate with other teachers so that we can help each other to accomplish our tasks efficiently and effectively.

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Title: Understanding and Using the Genre-Process Approach in Writing Tasks

Date: May 12, 2020

Time: 2:00 pm- 3:30 pm

Speaker: Mr. Michael Ian Benedict P. Estipora

Output: Narrative Report

***Understanding and Using the Genre-Process Approach in Writing Tasks***

This webinar is all about the nature of genre-process approach in writing. Process approach in writing more faithfully or a communicative process. Its greater focus is to acknowledge the receiver. The steps in writing a process approach are pre-writing, drafting, revising, editing and publishing. In prewriting phase, we need to consider the following, the audience or our target readers, the way on how we can generate our ideas, the organization of text, and the purpose of the text. I think it is very important for our students to learn how to use the genre-approach in writing tasks now that most of our communications and the source of information are done and can be composed and posted in different forms of social media. It is important that they know how to rely information based on who are their audiences and to use their linguistic skills in writing. Whether we are writing to express ourselves or we are writing as part of problem-solving, it is a must that we are using the correct and appropriate language depending o the nature and capacity of our audiences/ readers. As educators, we have learn and practice these things first on our own so that we can relay it with our students.

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S.Y. 2020-2021

Name of Personnel: **Michelle B. Nuestro** Position: OCI Head/ Teacher

Title: Teacher’s Response and Action to Challenges in Distance Teaching and Learning

Date: May 13, 2020

Time: 10:00 am- 11:00 am

Speaker: Mr. Arvin G. Derecho

Output: Narrative Report

***Teacher’s Response and Action to Challenges***

***In Distance Teaching and Learning***

It is true that the only constant is change, we have to accept it and we have to move on from it. As Catholic schools, instead of looking at the negative sides of what is happening now, we have to look for the opportunities behind it. We are now all familiar with the new terms in this time of health crisis, like the “new normal”, community quarantine, ECQ, GCQ, mass testing and others. These are just some of the indicators of the changes and adjustments that we will be facing now. Acceptance is the key to embrace these challenges. In the field of education, the greatest challenge is preparing and implementing new mode of learning. We have to familiarize ourselves and practice how to deliver the different strategies in learning, like blended learning which needs to be a skill driven learning, attitude learning and competency driven learning. Whether we are going to use hybrid blended learning or flipped classroom or teaching, what is definitely true about them is that they require us to innovate. What we have to keep in our mind and do is to appreciate the willingness and efforts of our students to learn and guide them with the process of learning.

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Title: Christianity Today: instilling Spiritual Values Among Gen Z Learners

Date: May 13, 2020

Time: 2:00 pm- 3:30 pm

Speaker: Ms. Gladys G. Serafica

Output: Narrative Report

***Christianity Today: Instilling Spiritual Values Among Gen Z Learners***

This webinar is all about the nature and characteristics of Gen Z, the challenges that confront them, and how to instill spiritual values to those learners. As described by the resource speaker, gen Z are characterized as active, bold and aware. They recognize the role of social media in the society but they are also easily affected by it. They easily learn by writing, listening and by discussing. They are sensitive with the needs of others and they are always ready to volunteer. But there are many challenges and issues that are confronted by some them. These include the problem with cyber bullying and teenage pregnancy. As teachers, we can instill spiritual values among the Gen Z learners by sharing with them bible stories in a relatable and relevant manner. We have to make the Bible scriptures and stories come alive. In my own opinion, the most effective way of teaching values to them is by making and keeping ourselves as they role model of good values like truth, honesty, passion, righteousness, justice, mercy, solidarity and empathy.

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S.Y. 2020-2021

Name of Personnel: **Michelle B. Nuestro** Position: OCI Head/ Teacher

Title: Disciplining With Love in These Normal Times

Date: May 14, 2020

Time: 10:30 am- 11:30 am

Speaker: Maribel Dionisio

Output: Narrative Report

***Disciplining With Love in These Normal Times***

“Those who spare the rod of discipline hate their children. Those who love their children care enough to discipline them.”- Proverbs 13:24

This webinar is one of the most touching webinar that I attended as a teacher and as a parent. It is all about the ways on how we can have a good relationship with our children while disciplining them in these normal times. Those ways include energy, communication and quality time or the ECQ. We have to exert effort and give our full energy to be with our children. We also have to have an open communication with them. Listen to understand them well, connect with them and feel them safe and communicate with them with a loving tone. Communicate with love, care and respect. As parents, we also have to spend quality time with our children by doing fun and interesting activities with them. But for me, the most challenging and important task that we have to do is to discipline them with love. It is hard to be firm and calm as a parent especially if we are just thinking about what’s good for them, but still we have to try harder to mould them as good citizen and let them spread the

love that they felt from us to others.

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Title: Sustaining Our Planet Earth: Conserving and Protecting Its Resources

Date: May 14, 2020

Time: 2:00 pm- 3:30 pm

Speaker: Dr. Ruth S. Guzman

Dr. Ruth Marian Genuino

Output: Narrative Report

***Sustaining Our Planet Earth: Conserving and Protecting Its Resources:***

***A Paradigm Shift in Environmental Science Education***

Our planet Earth is the most habitable planet in the universe. To sustain life on Earth, we have to conserve and protect its natural resources. As teachers, we have to make our students aware of what is happening to our Mother Earth. Let us make them responsible as good stewards of God’s creation by doing and practicing simple but eco-friendly practices like the 3Rs- Reduce, Reuse and Recycle. If we want to sustain our planet Earth, we have to exert extra effort in expressing and encouraging others to participate in our advocacy to save our environment. It is also important to mitigate the different forms of pollutions by lessening the production of the major pollutants on land, in water and on air. We also have to inspire our students to strengthen their love and care for the environment by initiating and volunteering themselves in some environmental projects and activities.

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S.Y. 2020-2021

Name of Personnel: **Michelle B. Nuestro** Position: OCI Head/ Teacher

Title: The Educators Guide to Laws on Child Protection, Student Discipline and Teachers’ Protection

Date: May 15, 2020

Time: 9:30 am- 11:30 am

Speaker: Atty. Joseph Noel Estrada

Output: Narrative Report

***The Educators Guide to Laws on Child Protection, Student Discipline***

***and Teacher’s Protection***

Providing good education is one of the primary responsibilities of parents to their children. To carry out this responsibility, parents shall cooperate with the school especially in terms of disciplining the students. We have to take note that the school has the authority to regulate the conduct of the students as part of imposing discipline among them. As teachers, we serve as the loco parents of the students and we have this obligation to discipline our students by imposing rules and regulations on or off –campus and even in cyber space. The obligation of the students is to study and obey the rules and regulations of the school. Students have the right to a safe and secure learning environment. To assure tis right, there are laws and regulations on child protection, like the Anti-Child Abuse Law, Anti-bullying Act, Mental Health Act, Anti-Hazing Law and Data Privacy Act. Atty. Joseph Noel Estrada also discussed the laws which deal with the protection of our teachers. In my own opinion, quality education can be achieved if the rights of students, teachers and parents are addressed properly. Aside from collaboration, a just and lawful action is also important to make important decisions and solve problems or issues in the schools.