

I TAKE CARE OF MY BODY

Taking care of God's creation means taking care of our bodies because we are part of God's creation.



LIST 3 GOOD HABITS
OF TAKING CARE OF
YOUR BODY.

1. _____

2. _____

3. _____

LIST 3 BAD HABITS
OF NOT TAKING GOOD
CARE OF YOUR BODY.

1. _____

2. _____

3. _____